

Meditate to Educate

November 22, 2014

12 HOURS OF MEDITATION RAISING FUNDS THE INTEGRAL HEART FOUNDATION IN GUATEMALA

Start time: 8am EST, 7am CST, 6am MST, 5am PST.

<https://www.firstgiving.com/IntegralHeartFoundation/meditate-to-educate>

TIME (CST – GUATEMALA)	ACTIVITY	AUDIOS*	BY
7AM – 7.45AM CST	MEDITATION	LIVE INTRODUCTION CALL INFORMATION BELOW	TERRY PATTEN (LIVE)
8AM – 8.45AM CST	MEDITATION	AUDIO (RECORDED)	CRAIG HAMILTON
9AM – 9.45AM CST	MEDITATION	AUDIO (RECORDED)	KEN WILBER
9.45AM – 11.00AM CST	BREAK – 1.15HRS	A WORD FROM THE INTEGRAL HEART TEENAGERS	MICK AND DEBORA CO-FOUNDERS IHF
11.00AM – 11.45AM CST	MEDITATION	AUDIO (RECORDED)	AMY EDELSTEIN
12PM – 12.45PM CST	MEDITATION	AUDIO (RECORDED)	THOMAS HUBL
1PM – 1.45PM CST	MEDITATION	AUDIO (RECORDED)	DIANE HAMILTON
1.45PM – 3.00PM CST	BREAK – 1.15HRS	Q&A ON MEDITATION CALL INFORMATION BELOW	TERRY PATTEN (LIVE)
3.00PM – 3.45PM CST	MEDITATION	AUDIO (RECORDED)	
4PM – 4.45PM CST	MEDITATION	AUDIO (RECORDED)	ADYASHANTI
5PM – 5.45PM CST	MEDITATION	AUDIO (RECORDED)	RICHARD MOSS
5.45PM – 6.15PM CST	BREAK – 30MINS		
6.15PM – 7PM CST	MEDITATION	AUDIO (RECORDED)	JESSICA ROEMISCHER

Conference call information:

Dial-in: 1-857-232-0156

Conference code: 574073

TO PLAY AUDIOS JUST CLICK ON THE LINK. THE AUDIO WILL PLAY WITH WHATEVER DEFAULT PLAYER YOU HAVE SET, SUCH AS QUICKPLAYER OR ITUNES.